



# Dr. Lynn Redenbach RCC-ACS

Phone Number:

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Business City:

NanOOSE Bay, Nanaimo,  
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across BC

Website:

<https://lynnredenbach.com/>

I am a seasoned clinician who has been working for 41 years in various publicly funded programs for individuals and families experiencing mental health and substance use challenges. I have experience training and supervising students across different disciplines, including those in graduate-level counselling psychology and social work programs. I also work with clinicians in private practice. I bring a whole-person, whole-system lens, recognizing that the work of psychotherapy is embedded in multiple relationships and contexts.

As a long-term student of Dr. Daniel Siegel, I am interested in applying relational neuroscience to the clinical supervisory experience. My PhD research integrated Interpersonal Neurobiology to better understand how this framework enhances healthcare leaders' development, practices, and identity. Using a trauma-informed and developmental perspective, I strive to support each supervisee in deepening their theoretical understanding and translating this to practice.

## Area of Supervision:

- Clinical Supervision
- Clinical Consultation

## Type of Services

- Online/Remote
- In-Person

