



Mary M. Lang RCC-ACS

Phone Number:

250-897-0254

Business City:

Courtenay, Comox

Counselling is a profound collaboration creating a safe relational space in which clients engage in radical acts of both change and self-acceptance. Clinical supervision and consultation are similar collaborations — generative dialogues, encouraging candid reflection on our knowings and not-knowings. These dialogues invite us to deepen the intuitions, questions, and understandings that inspire our clinical practice and recommit our work to the highest ethical principles.

Invitation

As an Approved Clinical Supervisor (ACS), I welcome clinicians seeking online or in-person supervision and consultation.

As an approved Supervisor of Supervision (SoS), I also welcome ACS candidates seeking an SoS to meet their “supervision of supervision” requirements.

Professional Clinical Practice History

- 2015 - present: clinical supervision and clinical consultation
- 2004 - present: counselling adults — primarily with trauma histories of childhood neglect and sexualized child abuse
- Currently acting as clinical consultant for counselling staff and clinical supervisor for Masters candidates on practicum with the BC Society for Male Survivors of Sexual Abuse.

Continued





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Theoretical Orientation

- Collaborative, Narrative/Just therapy practices, Somatic therapies
- Informed by Relational psychodynamic theory, Attachment theory, PolyVagal theory, and current best practices working with trauma and dissociation
- Special interests: post-traumatic growth, structural dissociation, interpersonal neurobiology, response-based interviewing, reviewing my own & others' work through an anti-oppressive & decolonizing lens, studying various modalities of consultation/supervision
- Buddhist mindfulness principles (30+ years meditation practice)

I respectfully acknowledge that the land I work and live on is the Unceded Traditional Territory of the K'ómoks First Nation -- the Sałutx^w, PE'ntlac, Sathloot, Sasitla, Ieeksen & Xa'xe people -- traditional keepers of this land.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

