



Sher McGillis Fast (they/them) RCC-ACS

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Hello:)

I am an uninvited visitor on the traditional, ancestral, unceded territories of the x^wməθk^wəyəm (Musqueam), Skwxwú7mesh (Squamish), and səlilwətał (Tsleil-Waututh) Nations.

My name is Sher McGillis Fast (they/them). I'm Michif (Métis) and Greek. My father was from Red Deer, my grandmother from St. Paul des Métis; my grandfather from Willow Bunch; all their ancestors from the Red River. My mother came from Greece at age six, with my grandmother's family being refugees of the Turkish-Greek Exchange, and my grandfather's family came from Macedonia.

Grateful to have made it to middle-age, I'm an indigiqueer person (AFAB), partner, parent, pal and pro, with invisible disability - all of which informs the worldview from which I practice. My colonial education was in nursing, counselling, and midwifery. My best education is in relationship with others and nature.

My practice is feminist, relational, attachment-oriented, somatic, with decolonial efforts, and some EMDR. At this minute, I have very limited availability for those seeking clinical consultation. I may have more space in The Year of the Goat (2027).

Thank you.

Sher

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

