



# Christine Dennstedt RCC-ACS

Phone Number:

604-505-9183

Business City:

Whistler

Website:

[www.christinedennstedt.com](http://www.christinedennstedt.com)

I have worked in the counselling field since the early 2000s and have maintained an independent practice for nearly 20 years. My work is rooted in Narrative Therapy and feminist-informed approaches, emphasizing respectful, collaborative, and non-pathologizing care. My career began in Vancouver, focusing on young persons affected by substance use, and has since expanded into diverse environments, including non-profit organizations, outpatient clinics, correctional facilities, and residential settings with persons navigating substance use and disordered eating. I have also taught at Vancouver Community College and City University in Vancouver, BC.

As a super-visor, I take a non-hierarchical approach grounded in mutual learning. I see super-vision as a space for curiosity and reflection—where conversations slow down, complexity is welcomed, and skills are refined together. My super-vision practice includes both individual and group consultation, and I have had the privilege of supporting many master's-level counselling interns over the years.

My hope is that super-vision feels generative and supportive, helping therapists deepen their voice and practice while staying closely connected to the values that guide their work.

## Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Peer Supervision
- Peer Consultation

## Type of Services

- Telephone
- Online/Remote
- In-Person

