

## Ed Chen RCC-ACS

Phone Number: 778-200-7888
Business City:

Port Coquitlam
Website:

www.dbtgv.com | www.dbtclinicgv.com

As a clinician, Ed has extensive experience in delivering Dialectical Behavior Therapy to high-risk adults, youths and families experiencing concerns such as suicidality, self-harm, impulsivity, depression, anxiety, trauma, and addictions.

As a trainer, Ed has undergone the Train the Trainer Program under Dr. Marsha Linehan's Behavioural Tech Institute. In addition to the foundational DBT and RO-DBT treatment programs, Ed is also trained in DBT for Substance Use Disorders (DBT-SUD), DBT Skills in Schools (DBT STEPS-A), DBT for Adolescents (DBT-A), and DBT for Trauma (DBT-PE) Protocols.

Ed also has a considerable background in DBT program development in government agencies, community services, and schools. Ed's DBT Program for Young Parents in Schools was nominated for a Premier's Award for innovation.

Clinical Supervision Areas:

Dialectical Behaviour Therapy

Dialectical Behaviour Therapy For Adolescents (DBT-A)
Dialectical Behaviour Therapy For Substance Use Disorders
(DBT-SUD)

Dialectical Behaviour Therapy For Couples and Families
Dialectical Behaviour Therapy For Trauma (DBT-PE)
Dialectical Behaviour Therapy For Schools (DBT STEPS-A)

## Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

## Type of Services

- Telephone
- Online/Remote
- In-Person

