



# Brigitte Leblanc RCC-ACS

Phone Number:

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Business City:

Victoria

Website:

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I am a Registered Clinical Counsellor bringing 16 years' experience working in the public sector, as well as private practice and work with children, youth, and couples. My therapeutic approach blends Emotion Focused, Internal Family Systems, Cognitive Behavioural, Dialectical Behaviour, and Somatic therapy with a client-centered focus to create a supportive and personalized experience. My professional work experience includes child protection social work, team leadership/management, school-based counselling and counselling women who have fled domestic violence. I have provided direct supervision to students in BA and MA programs including 1:1 peer supervision to colleagues. I have completed specialized training in clinical supervision and am open to supporting therapists whether it is for a specific case consultation or for ongoing support.

I approach clinical supervision with warmth, empathy, and practicality and bring a supportive, collaborative, and growth-oriented approach to clinical supervision. I strive to create a safe and reflective space where clinicians feel encouraged to explore their practice, strengthen their clinical skills, and grow in confidence while maintaining strong ethical and professional standards.

## Area of Supervision:

- Clinical Supervision
- Clinical Consultation

## Type of Services

- Online/Remote

