



# Elisabeth van Assum RCC-ACS

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My supervision approach works from a Common Factors model (Morgan & Sprinkel, 2007) integrating the therapist as a person within a trauma-informed and intersectional feminist delivery framework.

I am passionate about supporting the embodied therapist to maintain a deep presence and connection with the client in the unfolding moment of the work in the therapy space.

Supervision is an important opportunity in which the therapist can practice seeing themselves with greater clarity to create opportunities for growth and expansion in their practice.

Through the evidence of experience, I note that Master Therapists are most humble in their work, always learning and open-hearted – they do not stand in their own way when conducting the work with their clients.

I specialize in supporting Therapists in identifying their blindspots, their blocks, their limitations and areas of growth through cocreating and collaborating on transformative opportunities so that the therapist can grow and deepen their practice.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Supervision of Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Online/Remote
- In-Person

