



# Kimberly Kendall RCC-ACS

Phone Number:

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Business City:

Abbotsford, Chilliwack

Website:

[www.achievebalancecounselling.com](http://www.achievebalancecounselling.com)

I'm an RCC-ACS, SPT-S, BCRPT, and NSST therapist and trainer with extensive experience supporting children, parents, and caregivers through play-based, somatic, and relationship-centred approaches. My primary focus includes play therapy and parent-caregiver consultation, where I work to strengthen connection, deepen emotional awareness, and support healthy developmental patterns. I integrate Synergetic Play Therapy, somatic attachment principles, NSST, EMDR, and Gottman methods as clinically appropriate. Alongside my clinical work, I bring over 22 years of related experience from the non-profit sector and own a thriving group practice, which informs my understanding of both clinical and organizational dynamics.

As a clinical supervisor, I strive to create a grounded, collaborative environment that balances skill development with reflective, attuned practice. I'm passionate about helping supervisees expand their therapeutic toolkit and cultivate a regulated, confident presence in their work with children, youth, adults and families.

If you're interested in supervision, I invite you to reach out—I'd be happy to connect and explore whether we're a good fit.

## Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

## Type of Services

- Online/Remote
- In-Person

