



# Maryam Mills RCC-ACS

Phone Number:

604-362-3240

Business City:

North Vancouver, West  
Vancouver, Vancouver

Website:

[mastermindcentres.ca](http://mastermindcentres.ca)

As a Clinical Director and BCACC Approved Clinical Supervisor, Maryam is an EMDRIA Certified Therapist and EMDRIA Certified Consultant (In Training). She offers specialized Clinical and Peer Supervision, Group Supervision, and Clinical/Peer Consultation with a primary focus on EMDR and trauma-informed modalities.

In addition to her EMDR expertise, Maryam provides supervision in Gottman Method Couples Therapy (Levels 1 & 2), Emotionally Focused Therapy (EFT), and the Developmental Model. Her practice is further enriched by advanced training in Sensorimotor Psychotherapy and Parts Work, alongside board certification in Neurofeedback and Biofeedback.

Maryam is dedicated to the professional development of clinicians, emphasizing the integration of neuro-physiological regulation and research-backed interventions. Whether facilitating group supervision or individual consultation, she empowers therapists to navigate complex attachment injuries and situational trauma, helping them guide clients toward reclaimed purpose and fulfillment.

## Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

## Type of Services

- Telephone
- Online/Remote
- In-Person

