



Jena Mekhlis RCC-ACS

Phone Number:

778-388-5236

Business City:

Vancouver

Website:

<https://vcfi.ca/supervision-for-therapists/>

As a Registered Clinical Counsellor and Supervisor in BC, my therapy experience ranges from supervising MA in counselling psychology students and early career therapist from a person of the therapist model.

My areas of expertise include self compassion, cognitive behaviour therapy, mindfulness, and strength based approach to providing support.

Prior to working as a clinical supervisor, I was supporting the Physician Health Program providing clinical assessment and support to physicians and dentists in BC who have a wide variety of complex mental health support needs.

I am available for clinical individual/dyad or group supervision.

Please email me at jena.vcfi@gmail.com directly for more information.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision

Type of Services

- Telephone
- Online/Remote
- In-Person

