



Karen Walker RCC-ACS

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I am a registered counsellor and clinical supervisor with extensive experience working with individuals, couples, and families.

Grounded in a family systems framework, I support counsellors in deepening both skill and self-awareness. I guide supervisees to integrate systemic awareness with compassionate, parts-informed practice. I believe that effective supervision is a dynamic and experiential process. As such, I encourage hands-on learning, self-reflection, and the integration of personal insight into professional growth.

My approach to supervision emphasizes that counsellors' own inner work is essential to fostering authenticity, compassion, and resilience in clinical practice. I create a safe and collaborative environment where supervisees can explore challenges, strengthen systemic understanding, and grow into confident, ethically grounded practitioners.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

