



# Bahareh Bouzhmehrani RCC-ACS

Phone Number:

778-231-4595

Business City:

North Vancouver

Website:

[www.terramonshealth.com](http://www.terramonshealth.com)

I am a clinical supervisor with a strong foundation in trauma-informed care, bringing extensive experience working with vulnerable populations within the healthcare system. As an EMDR-certified therapist and Consultant-in-Training, I am deeply committed to supporting both client healing and clinician development through evidence-based and integrative approaches.

My clinical work has been shaped by close collaboration with psychiatry and multidisciplinary teams, allowing me to provide comprehensive, client-centered care. In supervision, I take a supportive and collaborative approach, helping clinicians build confidence, refine their clinical skills, and develop strong case conceptualization. I integrate EMDR, Cognitive Behavioral Therapy (CBT), and Solution-Focused approaches, tailoring my guidance to meet the unique needs of each supervisee. I value creating a safe, reflective space where learning and growth can occur, and where clinicians feel empowered to navigate complex cases while maintaining their own well-being and professional integrity.

## Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Peer Supervision
- Peer Consultation

## Type of Services

- Telephone
- Online/Remote
- In-Person

