



# Stephanie Harris RCC-ACS

Phone Number:

250-734-0320

Business City:

Nanaimo

Website:

[www.eyebrightcounselling.com](http://www.eyebrightcounselling.com)

I am a clinical supervisor and EMDR Consultant in Training who works with children, youth, and adults. I specializes in the treatment of complex trauma, supporting both clients and clinicians in developing trauma-informed, attachment-focused, and developmentally attuned approaches to healing. In my clinical practice I integrates EMDR with parts-based and nervous system-informed frameworks to help individuals process traumatic experiences, build resilience, and restore a sense of safety and self-leadership.

## Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

## Type of Services

- Telephone
- Online/Remote
- In-Person

