



Emma McLellan RCC-ACS

Phone Number:

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Website:

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I'm Emma, a Registered Clinical Counsellor (RCC), Approved Clinical Supervisor (ACS), and the founder and Clinical Director of Lynn Valley Counselling.

I provide a collaborative, supportive supervision environment where developing clinicians can strengthen both their clinical skills and confidence while remaining grounded in ethical, anti-oppressive, and client-centred practice.

My supervision areas include anxiety, depression, life transitions, relationships, grief and loss, self-esteem, body image, and violence against women. I enjoy supporting practicum students and early-career therapists as they develop their professional identity, navigate complex cases, and build sustainable, authentic practices that align with their values.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

