



Arno Lowi RCC-ACS

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Hi,

I've been a clinical counsellor, individual and group therapist for almost thirty years, and have a bustling, very fulfilling practice, with groups, lots of couples, and individual therapy. I've been lead therapist on a large urban medical team, a bereavement counsellor with hospice, an HIV counsellor in Spanish Harlem, New York at the height of the AIDS crisis, and have had a significant component of my practice including people of colour, marginalized, and very traumatized people. I trained in New York City in radical and feminist group psychotherapy that included a strong intersectional, social-critical component.

In recent years, I have been incorporating the many important discoveries and skills that comprise Dialectical Behaviour Therapy, Internal Family Systems and trauma therapy, and I incorporate coaching with counselling.

I've been supervising and developing therapists with many levels of experience since 2007. I love helping clinicians with clinical uncertainties, confidence, personal judgments and triggers and with ethical questions and honing clinical technique. I avoid shoptalk and jargon, and communicate clearly and informally with an engaged, funny, focused presence.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision

Type of Services

- Online/Remote

