



Marita Poll RCC-ACS

Phone Number:

250-858-1761

Business City:

Victoria

Website:

www.maritapoll.ca

I have been providing clinical counselling since 2004 predominantly with cancer patients and their families. I assist **adults** with major health experiences including a diagnosis, treatment, post-treatment adjustment, and palliative caregiving. Key clinical areas are stress management and trauma (current and past), living with significant health experiences, end of life and bereavement, and developing coping skills. I offer individual and couples counselling, support group facilitation and workshop development and provision. My advanced clinical training is in Somatic Psychotherapy, Emotion-Focused Therapy, and Attachment-Focused EMDR. I have been providing clinical consultation and supervision informally since 2008; and in 2023, I obtained my Approved Clinical Supervisor accreditation. I provide individual and group supervision.

My Clinical Supervision approach involves a balance between (a) what do **you** need today; and, (b) a balance between pragmatism (benefit **your clients**) and my desire to support people in their healing and growth (**me**).

For further information my website is www.maritapoll.ca

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

