



Elnaz Shariatpanahi RCC-ACS

Phone Number:

778-723-7858

Business City:

Anywhere in BC

Website:

thepeacefulness.ca

I am a Registered Clinical Counsellor (RCC) and Approved Clinical Supervisor (ACS) with 17 years of clinical experience supporting individuals, couples, and families through complex mental health concerns and significant life transitions.

My areas of clinical supervision include trauma and complex trauma, substance use and alcohol-related concerns, couples and relationship counselling, pre- and post-divorce adjustment, immigration and settlement-related concerns, anxiety and depression, grief and loss, and life transitions.

As a trauma survivor and someone with lived experience of immigration, I bring a compassionate, culturally responsive, and trauma-informed perspective to my clinical work and supervision. I value the concept of the “wounded healer” and believe that lived experience, when thoughtfully integrated with professional training and self-awareness, can deepen empathy and strengthen therapeutic practice. My supervision approach is collaborative and supportive, with a focus on ethical practice, clinical competence, self-reflection, case conceptualization, and professional growth.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote

