



Laura Cocksedge RCC-ACS

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Business City:

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Laura believes in honouring and upholding the dignity of people with the understanding that many life events are dignity-stripping, and that both the freedom to speak and the responses from others are key. Adversity affects us all; healing begins with understanding, acceptance, and compassion.

Her practice is grounded in the Response-Based Practice framework, a social justice-informed approach that highlights people's responses to adversity while exposing the many ways individuals resist oppression, abuse, and violence.

Laura has experience working with children, youth, and adults in the areas of child development, residential addiction treatment, and the impacts of interpersonal violence. She has facilitated both individual and group counselling and has completed extensive clinical supervision, both as a supervisee and as a supervisor, supporting ongoing professional growth and excellence in practice.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision

Type of Services

- Telephone
- Online/Remote
- In-Person

