



Mary M. Lang RCC-ACS

Phone Number:

250-218-5154

Business City:

Courtney, Comox

Counselling is a profound collaboration creating a safe relational space in which clients engage in radical acts of both change and self-acceptance. Clinical supervision and consultation are similar collaborations — generative dialogues, encouraging candid reflection on our knowings and not-knowings. These dialogues invite us to deepen the intuitions, questions, and understandings that inspire our clinical practice and recommit our work to the highest ethical principles.

Invitation

As an Approved Clinical Supervisor (ACS), I welcome clinicians seeking online or in person supervision and consultation.

Also approved to offer Supervision of Supervision, I welcome ACS candidates seeking an experienced clinician to meet their “supervision of supervision” requirements.

Dyad or group format which enriches the dialogue and reduces costs of consultation/supervision is also available upon request.

Professional Clinical Practice History

- 2015 - present: clinical supervision and clinical consultation
- 2004 - 2025: counselling adults — primarily with trauma histories of childhood neglect and sexualized child abuse.

Continued





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Theoretical Orientation

- Collaborative, Narrative/Just therapy practices, Somatic therapies
- Informed by Relational psychodynamic theory, Attachment theory, and current best practices working with trauma and dissociation
- Special interests: reviewing my own & others' work through an anti-oppressive & decolonizing lens, studying various modalities for effective and ethical consultation/supervision, post-traumatic growth, structural dissociation, interpersonal neurobiology, response-based interviewing.
- Buddhist mindfulness principles (30+ years meditation practice)

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I respectfully acknowledge that the land I work and live on is the Unceded Traditional Territory of the K'ómoks First Nation -- the Sałutx^w, PE'ntlac, Sathloot, Sasitla, Ieeksen & Xa'xe people -- traditional keepers of this land.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

