



Ginna Abramovitch RCC-ACS

Phone Number:

778-558-5509

Business City:

Vernon, Lake Country,
Armstrong

Website:

www.sproutcounselling.ca

I have over 20 years of experience as a clinician and psychotherapist in Vancouver, Lower Mainland and now in the Beautiful Okanagan. My clinical experience spans across hospitals, community psychiatric clinics, non-profit agencies and schools. Trauma and grief, as well as their offshoots: mental illness and addiction have always defined the context of my work, as has diversity of culture and identity. I am a relational and community oriented practitioner, rooted in the ethic of compassion and principles of social justice.

My approach is integrative and I rely on a number of modalities (e.g., DBT, Narrative, EFFT, EMDR, Somatic) to tailor the therapy to the needs of the individual or group. Whenever possible, I work with nature as part of the therapeutic space and process.

Over the past several years, I have built Sprout Counselling, a private practice where I offer psychotherapy to adults, children (6 and up), couples/partners and families of all compositions. Much of the work is 1:1, in person or online. Periodically, I also run workshops and group therapy. In addition, I offer supervision and consultation.

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As a supervisor, I work with practicum students, interns and clinicians/therapists who are new to their practice, are working on acquiring supervision hours for registration, or feel they need more focused support. As a clinical consultant, I work with experienced clinicians and psychotherapists seeking ongoing professional growth and development or support around a particular challenge or in a specific area of practice. I provide direct and indirect supervision/consultation, working individually and in a group format, including supervision groups and process/reflective consultation groups for more experienced clinicians/therapists.

My overall approach is collaborative, integrative, process-oriented and tailored to the unique therapeutic/supervisory/consultative relationship.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person

