



Wade R. Alexander RCC-ACS

Phone Number:

778-472-0388

Business City:

Remote across BC,
Shuswap, Northern BC

Website:

wadealexandercounselling.ca

I'm Wade R. Alexander, a psychotherapist and RCC-ACS, and I bring a diverse clinical background to my work with individuals, couples, and clinicians. I specialize in individual, relationship, and couples+ therapy, and am also an EMDR Certified Therapist and EMDRIA Approved Consultant. My background includes an earlier career in nursing and experience supporting individuals and couples navigating trauma, attachment, relationship challenges, life transitions, and complex emotional experiences.

My clinical approach is integrative, relational, trauma-informed, and grounded in curiosity, collaboration, and respect for each client's unique context. I have particular interests in EMDR and trauma processing, attachment and relational work, and couples therapy, including Imago Relationship Therapy.

In supervision and consultation, I aim to create a thoughtful, supportive space for clinicians to deepen their clinical thinking, develop confidence, explore challenges, and attend to both client needs and their own development.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation

Type of Services

- Online/Remote

