Anya O'Leary RCC-ACS

Nice to meet you! I am Anya, I have been an RCC since 2022, but practicing since 2016. Most of my clinical career has been in private practice and post-secondary environments. I have always been interested in education, coaching and training which has lead me to an interest in Clinical Supervision.
I take a collaborative, relational approach, grounded in humanistic, emotionally focussed, and Internal Family Systems approaches alongside student development theory. I strive to create a safe space for thoughtful clinical exploration.
I support counsellors in developing their clinical skills, deepening self-awareness, and exploring personal and professional experiences that shape their work with clients.
My supervision style is reflective, supportive and growth-oriented.

Business City:
Kelowna
Email:
anya.brooker@gmail.com

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote