Dr. Rochelle Sharpe Lohrasbe RCC-ACS

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I came to trauma and dissociation care through a path of discovery—searching for ways to understand, relate to, and accompany the person sitting across from me. More than 25 years later, that curiosity continues to shape my clinical consultation and supervision. My particular terrain is complexity: trauma and dissociation, somatic and experiential approaches, and integrative ways of understanding human experience. I am an EMDRIA Approved Consultant and an Sensorimotor Psychotherapy Approved Consultant. My recent work has expanded into Wayfinding, an approach to therapeutic practice that centres the intelligence of experience and our capacity to find a way through unfamiliar terrain. I enjoy supervision as a creative, generative and curious space—collaborative and mentorship-esque, with room to wonder, explore what isn't working, and discover possibilities that may not yet be visible.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person