Ishtar Beck RCC-ACS

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Welcome! My role as a supervisor, consultant, and supervisor of supervision (SoS) is to encourage you as you learn and grow. I believe the answers are already within you. I also offer my experience, knowledge, and expertise to benefit the next generation of counsellors.

My background:
In 2017, I founded Ciel Community Counselling, a low-cost counselling clinic based in Vancouver's East Side on Coast Salish Lands. Throughout those years, I engaged in intensive Supervision of Supervision with two different consultant/supervisors. My learning included navigating a client complaint and the ensuing consent agreement process. Now that Ciel's leadership has passed on, I am offering my years of experience supervising Masters of Counselling students as Clinic Director and as the main Site Supervisor in support of practitioners who are currently engaged in student supervision.

I am also an experienced couples and family therapist. My offerings include depth psychotherapy, working with systemic and intergenerational trauma, and sexuality counselling/sex therapy.

My theoretical orientation is rooted in Queer Feminist Depth-Psychology Relational approaches. Holism, social justice, and promoting each person's sense of belonging are the foundations of my offerings. Trauma-informed, anti-oppression practice that engages in dialogue regarding intersectionality and its impact within the client-counsellor-supervisor relationships is central to my supervision practice.

I look forward to connecting and exploring the possibility of working together.

Area of Supervision:

- Clinical Supervision
- Clinical Consultation
- Group Supervision
- Peer Supervision
- Peer Consultation

Type of Services

- Telephone
- Online/Remote
- In-Person